

12:30 – 14:00	Session 2A Understanding Obesity : A Multifaceted Approach To Prevention and Management (Heba Abd El Aziz)	Session 2B Medical Imaging In Obesity (Video Presentations) (Mohamed Fawzy)	Session 2C Metabolic Surgery (Mostafa El-Kady)	Session 2D Sports Medicine (Hany El-Shahidy)	Session 2D Educational Kitcen Video (1)	Obesity Management Master Class Course (Gihan Fouad)	Neonatal Procedures Workshop (Amira Ahmed)	Fibroscan Workshop (Mohamed Fawzy)	Basic surgical procedures & Stapling Procedures (Hany Embaby)	Pulmonary Functions Tests Hands On Training (Dr. Mohey)
14:00 – 14:30	Coffee Break									
14:30 – 16:00	Session 3A Obesity And Heart Cardio 1 (Bassem Zarif)	Session 3B Post Bariatric Procedures Surgical Complications Video Presentations (Ahmed Hamdy)	Session 3C Role Of Clinical Pharmacy In Obesity (Nermin El Shinnawy)	Session 3D Obeese Patient In ICU (Eman El Desouky)	Session 3E Educational Kitcen Video (2)	Obesity Management Master Class Course (Gihan Fouad)	Neonatal Procedures Workshop (Amira Ahmed)	Fibroscan Workshop (Mohamed Fawzy)	Basic surgical procedures & Stapling Procedures (Hany Embaby)	Interventional Nephrology Workshop (Zaglol Gouda)
16:00 – 17:30	Session 4A Pediatic Obesity (Raghdaa Ahmed)	Session 4B GI Endoscopic Management Of Obesity (Videos) (Ahmed Abdo)	Session 4C Obesity And Sleep Disorders (Dr. Nader El Feky)	Session 4D Cardio-thoracic Surgery Cardio 2 (Bassem Zarif)	Session 4E Educational Kitcen Video (3)	Obesity Management Master Class Course (Gihan Fouad)	Neonatal Procedures Workshop (Amira Ahmed)	Fibroscan Workshop (Mohamed Fawzy)		Interventional Nephrology Workshop (Zaglol Gouda)

17:30 – 19:00	Session 5A Nutritional Intervention In Obesity (Sahar Khairy)	Session 5B Endoscopy In Post Bariatric Surgery Complications (Video Presentations) (Ahmed Salah Seif)	Session 5C The Perfect Role Of The Nurse In Obeese Patient (Mrs. Eman Abd El Samei)	Session 5D Rhematology Session (Prof.Lamees Safwat)	Session 5E Educational Kitcen Video (4)	Obesity Managemnt Master Class Course (Gihan Fouad)	Neonatal Procedures Workshop (Amira Ahmed)	Fibroscan Workshop (Mohamed Fawzy)		Interventio nal Nephrology Workshop (Zaglol Gouda)
19:00	Lunch									
Day 2 14 January 2025										
09:00 – 09:00	Registration									
09:30 – 11:00	Session 6A Physiotherapy In Obesity (Nahed Taha)	Session 6B Bariartric Surgery Techniques (Mostafa El Kady)	Session 6C Obesity In Gyna & Obstetrics (Ebtihag Shafik)	Session 6D Nutrntional Risk Factors Of Obesity (Sahar Kahiry) الجلسة كلها معهد التغذية	Session 6E Educational Kitcen Video (5)	Obesity Managemnt Master Class Course (Gihan Fouad)	(Enteral & Parenteral Nutrition in Neonates) (Raghdaa Ahmed)	Fibroscan Workshop (Mohamed Fawzy)	Resuscitation & Trauma In Obese Patient Workshop (Eman El Desouky)	GI Endoscopic Management of Obesity Workshop (Ahmed Abdou)
11:00 – 12:30	Session 7A Fatty Liver (Mohamed Abd El-Wahab)	Session 7B Obesity In Ocular Medicine (Dr. Naglaa)	Session 7C Endocrine Disorders and Obesity (Prof. Atef Bassiony)	Session 7D Breathing Disorders Of Obesity (Mohey ElDin Khalifa)	Session 7E Educational Kitcen Video (6)	Obesity Managemnt Master Class Course (Gihan Fouad)	(Enteral & Parenteral Nutrition in Neonates) (Raghdaa Ahmed)	Fibroscan Workshop (Mohamed Fawzy)	Resuscitation & Trauma In Obese Patient Workshop (Eman El Desouky)	GI Endoscopic Management of Obesity Workshop (Ahmed Abdou)
12:30 – 13:00	Coffee Break									
13:00 – 14:30	Session 8A CKD & Obesity	Session 8B Adolecent	Session 8C Obesity &	Session 8D Dental	Educational Kitcen Video	Obesity Managemnt Master	(Enteral & Parenteral Nutrition in	Fibroscan Workshop	Resuscitation & Trauma In Obese	Bariatric Surgery Workshop

	(Mohamed Salah)	Bariatric Surgery (Tamer Megahid)	Cancer (Hany Wiliam)	Medicine (Menna Helal)	(7)	Class Course (Gihan Fouad)	Neonates) (Raghdaa Ahmed)	(Mohamed Fawzy)	Patient Workshop (Eman El Desouky)	(Mostafa El kady)
14:30 – 16:00	Session 9A Metabolic Syndrome (Atef Bassiony)	Session 9B ENT Video Presentations (Dr. Nader)	Session 9C Lab. Session (Dr. Nagham)	Session 9D Plastic surgery in obesity (Dr. M. Soliman)	Session 9E	Obesity Management Master Class Course (Gihan Fouad)	(Enteral & Parenteral Nutrition in Neonates) (Raghdaa Ahmed)	Fibroscan Workshop (Mohamed Fawzy)	Resuscitation & Trauma In Obese Patient Workshop (Eman El Desouky)	Bariatric Surgery Workshop (Mostafa El kady)
16:00 – 17:30	Session 10A Neurological Disorders In Obesity (Ahmed Attia)	Session 10B Nurses 2	Session 10C Obesity & Anesthesia (Dr. Maisa)	Session 10D Surgical Oncology In Obesity (Dr. M. Abd El Wahid)	Session 10E	Obesity Management Master Class Course (Gihan Fouad)	(Enteral & Parenteral Nutrition in Neonates) (Raghdaa Ahmed)	Fibroscan Workshop (Mohamed Fawzy)	Resuscitation & Trauma In Obese Patient Workshop (Eman El Desouky)	Bariatric Surgery Workshop (Mostafa El kady)
17:30- 18:30	Closing & Honoring Ceremony (Plenary Session)									
	HALL (A)									
	تكریم للمتميزين من أبناء الهيئة									
18:30	Lunch									

GOTHI - Obesity Conference 2025

Day: 13 Jan 2025

Session Title	Obesity And Heart Cardio I		
Hall (A, B, C, D)	A	Session #	3A

Moderator	Dr. Bassem Zarif
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Chairpersons (Alphabetically)	Dr. Ahmed Fathy (NHI)
	Dr. Ahmed Hassanein (NHI)
	Dr. Daaa Darder (NHI)
	Dr. Gamal Abuelnasr (NHI)
	Dr. Hany Ragy (NHI)
	Dr. Maged Ramses (NHI)
	Dr. M. Abdelhady (NHI)

Time	Duration	Topic	Speaker
14:30 – 16:00	15 min	Obesity and CVD, a dependent or independent risk?	Dr. Bassem Zarif (NHI)
	15 min	Types of obesity and CVD, are all types having the same risk?	Dr. Mohamed Seleem (NHI)
	15 min	Pericardial fat is a causative or surrogate for CV risk?	Dr. Ghada Kazamel (NHI)
	15 min	Obesity algorithm of management, an update.	Dr. Ahmed Kamel (NHI)
	15 min	Residual risk after body weight control?	Dr. Ahmed Abdelaziz (NHI)
	15 min	Discussion	

GOTHI - Obesity Conference 2025

Day: 13 Jan 2025

Session Title	Pediatric Obesity		
Hall (A, B, C, D)	A	Session #	4A

Moderator	Dr. Raghdaa Ahmed
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Chairpersons (Alphabetically)	Dr. Eman Almorsy ()
	Dr. Eman Ayada (Cairo University)
	Dr. Khalid Elkelany ()
	Dr. Sohaila Ali (Cairo University)
	Dr. Wafaa Amin (El Galaa Teaching Hospital)

Time	Duration	Topic	Speaker
16:00 – 17:30	5 min	Introduction: is obesity a Pediatric Problem?	Dr. Raghdaa Ali (Head of Ped. Dep. AMTH – Head of Ped Scientific Committee, GOTHI)
	15 min	Breastfeeding and Prevention of Overweight in Children	Dr. Nada M Fadal (Head of PICU, Vise Manager Matarya Teaching Hospital)
	15 min	Pharmacotherapy Role in Ped Obesity	Dr. Ghada Anwar (Prof. of Ped Endocrinology, Cairo University)
	15 min	Impact of Obesity During Pediatric Acute Critical Illness	Dr. Nagat E. Arafat (MBBCH, MSc, FRCPCH, IBCLC Consultant Ped. Intesivist Banha Children Hosp.)
	15 min	Proper Nutrition and Supplements the Miracle of Neuro-Pediatric Disorders	Dr. Rasha Atef Askalany (Former Dean of National Institute of Neuromotor system, Pediatric fellow)
	15 min	Bariatric Surgery in Pediatrics	Dr. Adel Ismail (FRCS Senior Consultant Pediatric Surgeon)
	5 min	Discussion – Take Home Message	Dr. Raghdaa Ali (Head of Ped. Dep. AMTH – Head of Ped Scientific Committee, GOTHI)

GOTHI - Obesity Conference 2025

Day: 13 Jan 2025

Session Title	The Power of Food: A Nutritional Approach to Obesity		
Hall (A, B, C, D)	A	Session #	5A

Moderator	Prof. Sahar Khairy
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Chairpersons (Alphabetically)	Prof. Ashraf Ayad (Professor of Pediatrics , Head of Ped.& Neonatal Departments, DMNI)
	Prof. Maysa Samy (Prof. of Public Health)
	Dr. Ola Shawky (Assistant lecturer of public health and community medicine)
	Prof. Salwa Mahmoud Saleh (Prof. of Pediatrics and Clinical Nutrition Consultant)
	Prof. Zeinab Abbas Abd elaal (Public Health and community medicine Consultant)

Time	Topic	Speaker
17:30 – 19:00	The Future of Obesity Management through personalized and Precision Nutrition	Prof. Nebal Abd El Rahman (Professor of Pediatrics and Clinical Nutrition Consultant , NNI)
	Behavioral Modification A corner Stone of Bariatric Surgery	Dr. Hebatullah Awad (Public health and Clinical Nutrition Specialist, NNI)
	Revolutionize Your Health Naturally	Prof. Eman Sultan Assistant Professor of endocrinology & Metabolism, NNI
	Nutrition Guideline of childhood obesity	Prof. Yasmin Gamal (Professor of Pediatric and Clinical Nutrition, Ain Shams University)
	Spice Up Your Life: Herbs for Weight Loss	Prof. Naglaa M. Abdel Fattah (Assistant Professor of Nutrition, NNI)

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	Physiotherapy In Obesity		
Hall (A, B, C, D)	A	Session #	6A

Moderator	Dr. Nahed Hussein Taha
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Chairpersons (Alphabetically)	Dr. Eman sedky Abdullah (National Nutrition Institute)
	Dr. Maha Mohamed Mady (Shibeen Al kom teaching hospital)
	Dr. Mervat abdelrahman Mohamed (NHI)
	Dr. Rabab Salah Eldin Mohamed Hussein (El Galaa Teaching Hospital)
	Dr. Rokia Mostafa Mahmoud Elsabagh (Consultant in Mataria Teaching Hospital)
	Dr. Seham Mohamed Abd El-Moghny (National Institute of Diabetes and Endocrinology)

Time	Topic	Speaker
09:30 – 11:00	Effect of therapeutic exercises on obese hypertensive women	Dr. Nahed Hussein Taha (El Sahel Teaching Hospital)
	Obesity in children, new era	Dr. Mona Sayed Ahmed Mahmoud (El Sahel Teaching Hospital)
	Efficacy of aerobic and core exercise training on improving muscle mass and physical performance in postmenopausal women with sarcopenic obesity	Dr. Mai Gad El-Hak (El Sahel Teaching Hospital)
	Pre and post-operative role of physical therapy in bariatric surgery	Dr. Ayat Gamal El-Din Saied Abd El-Gayed (El Mataria Teaching Hospital)

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	CKD & Kidney Transplantation with Obesity		
Hall (A, B, C, D)	A	Session #	8A

Moderator	Dr. Mohamed Salah Eldin Zaki
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Chairpersons (Alphabetically)	Dr. Ashraf Donya (National Institute of Urology and Nephrology)
	Dr. Salwa Zaghoul (Damanhur medical national institute)
	Dr. Tarik Fakhr (National Institute of Urology and Nephrology)
	Dr. Wael Mohammed Essa (El Sahel Teaching Hospital)
	Dr. Waleed A Massoud (Ahmad Maher Teaching Hospital)

Time	Topic	Speaker
13:00 – 14:30	Obesity and chronic kidney disease	Dr. Zaghoul Gouda (Damanhur medical national institute)
	Management of obesity in kidney transplant candidates and recipients	Dr. Mohamed Salah (National Institute of Urology and Nephrology)
	Effect of obesity on immunosuppressant medications in kidney transplant recipients	Dr. Ahmed Hassan (National Institute of Urology and Nephrology)
	Non-surgical options for weight loss in kidney transplant candidates and recipients	Dr. Sherine Yousef Salah (Ahmad Maher Teaching hospital)
	Obesity and bariatric surgery in kidney transplantation	Dr. Ahmed El-Sisi (National Institute of Urology and Nephrology)
	Case presentation	

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	The Era of Metabolic Syndrome		
Hall (A, B, C, D)	A	Session #	9A

Moderator	Dr. Atef Bassyouni
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Chairpersons (Alphabetically)	Dr. Ashrah Ismaiel (NIDE)
	Dr. Atef Bassyouni (NIDE)
	Dr. Ihab Nabil (NIDE)
	Dr. Hanaa Kandil (Al-Azhar University)
	Dr. Hesham El Hefnawy (NIDE)
	Prof. Mohamed Mashahit (Fayoum Medical College)

Time	Topic	Speaker
14:30 – 16:00	Metabolic syndrome among adolescents	Dr. Hesham Elhafnawy (NIDE)
	Metabolic dysfunction associated steatotic liver disease	Dr. Atef Bassyouni (NIDE)
	CVD among adult patients with metabolic syndrome	Dr. Amer Mahfouz (NIDE)
	Metabolic syndrome and menopause	Dr. Amira fadel ()
		Prof. Mohamed Mashahit (Fayoum Medical College)

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	Neurological Disorders In Obesity		
Hall (A, B, C, D)	A	Session #	10A

Moderator	Dr. Ahmed Attia
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Chairpersons (Alphabetically)	Dr. Ahmed Attia (Consultant of Neurology ELMataria Teaching Hospital)
	Dr. Ahmed El-Bassiouny (Professor of Neurology Ain Shams University)
	Dr. Howaida Shokri Abd EL AI (Consultant psychiatry ELMataria Teaching Hospital)
	Dr. Magdy Khalaf (Head of Neurology Department ELMataria Teaching Hospital)
	Dr. Mohamed Awad (Head of Neurology Department ELSahel Teaching Hospital)

Time	Topic	Speaker
16:00 – 17:30	Psychiatric Disorders and Obesity, A bidirectional relationship	Dr. Rabab Hamdy Ibrahim (Assistant Fellow of Neuropsychiatry. Institute of Neuromotor system)
		Dr. Mohamed Saeed (Head of Neuropsychiatry Department Ahmed Maher Teaching Hospital)
	2024 guidelines for primary prevention of stroke	Dr. Sara Mohamed Gaber (Specialist of Neuropsychiatry ELSahel Teaching Hospital)
	Obesity Stroke Paradox	Dr. Eman Farouk Osman (Consultant of Neurology ELSahel Teaching Hospital)

GOTHI - Obesity Conference 2025

Day: 13 Jan 2025

Session Title	Exploring Obesity Connected GIT Disorders		
Hall (A, B, C, D)	B	Session #	1B

Moderator	Dr. Mohamed Mostafa Shaker
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Chairpersons (Alphabetically)	Dr. Amgad El Zahaby (Al-Azhar University)
	Dr. Hala Mahfouz (Ahmed Maher Teaching Hospital)
	Dr. Magdy El-Serafy (Cairo University)
	Dr. May Mehrez (NHTMRI)
	Dr. Sahar Mohamed (NHTMRI)
	Dr. Yasser Abo El Soud (Kabd El Mahala Teaching Hospital)

Time	Topic	Speaker
11:00 – 12:30	Obesity & Upper GIT Problems	Dr. Osama Abo El Fotoh ()
	Fatty Pancreas	Dr. Ahmed Morad Hashem ()
	Obesity & Gall Bladder	Dr. Mohamed Samy ()
	IBD	Dr. Rehab Ahmed ()
	Constipation	Dr. Ahmed Nashaat ()
	Discussion	

GOTHI - Obesity Conference 2025

Day: 13 Jan 2025

Session Title	Post Bariatric Procedures Surgical Complications - Video Presentations		
Hall (A, B, C, D)	B	Session #	3B

Moderator	Dr. Ahmed Hamdy
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Chairpersons (Alphabetically)	Dr. Ahmed Hamdy ()
	Dr. Alaa Abbas ()
	Dr. Faheem Bassiouni ()
	Dr. Mohey Al-Banna ()
	Dr. Shawkat Shaker ()

Time	Topic	Speaker
14:30 – 16:00	Ergonomics in the area of bariatric surgery	Dr. Faheem Bassiouni ()
	Abdominal Pain Post Bypass Surgery A Real Dilemma	Dr. Tamer M. Nabil (BeniSuef University)
	Management of Chronic Leakage After Laparoscopic Sleeve Gastrectomy	Dr. Ahmed Abdel Salam ()
		Dr. Ali Hussein ()
	Post Bariatric Procedures Early and Late Surgical Complications	Dr. Mohamed Hassan Mohamed (Al-Salam International Hospital)
	Management of Post Gastric Bypass Choledocholithiasis	Dr. Ahmed Abdo (AMTH)

GOTHI - Obesity Conference 2025

Day: 13 Jan 2025

Session Title	Role of endoscopy in Post Bariatric Surgery Complications		
Hall (A, B, C, D)	B	Session #	5B

Moderator	Dr. Ahmed Salah Seif
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Chairpersons (Alphabetically)	Dr. Aly Elsayed (NHTMRI)
	Dr. Mohamed Atallah (NHTMRI)
	Dr. ()
	Dr. ()
	Dr. ()
	Dr. ()

Time	Topic	Speaker
17:30 – 19:00	Role of Endoscopy in leak repair	Dr. Sherif Hegab (AMTH)
	Role of Endoscopy in post bariatric strictures and sleeve stenosis	Dr. Mohamed Shaban (AMTH)
	Role of Endoscopy in body weight regain after bariatric surgery	Dr. Mohamed Moustafa (NHTMRI)
	Role of endoscopy in post bariatric choledocholithiasis	Dr. Ahmed Abdo (AMTH)
	Role of Endoscopy in band migration in LAGB	Dr. Ahmed Salah Seif (Shebin Elkom Teaching Hospital)

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	Bariatric Surgery Techniques		
Hall (A, B, C, D)	B	Session #	6B

Moderator	Dr. Mostafa El Kady
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Chairpersons (Alphabetically)	Dr. Essam Abdelgalil (AMTH)
	Dr. Mohamed Shaker (AMTH)
	Dr. ()
	Dr. ()
	Dr. ()

Time	Topic	Speaker
09:30-11:00	Management Of gastric torsion post sleeve gastrectomy 6 years ago	Dr. Mohamed Baraket (AMTH)
	General and Bariatric surgeon specialist	Dr. Abdullah Mohamed Ahmed (AMTH)
	Optimizing Operative Approaches in Adolescent Sleeve Gastrectomy	Dr. Tamer Megahed (AMTH)
	Sasi Operation - Patient Experience in Bariatric Surgery	Dr. Mostafa Elkady (AMTH)

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	The Impact of Obesity on Eye Health: Exploring Ophthalmic Complications		
Hall (A, B, C, D)	B	Session #	7B

Moderator	Dr. Safaa Abulhassan
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Chairpersons (Alphabetically)	Dr. Hanan Elghoniemy (Memorial Institute for Ophthalmic Research)
	Dr. Hossam El Gemaey (Damanhour National Institute)
	Dr. Ihab Rezk (El Matareya Teaching Hospital)
	Dr. Mohamed Salah (Professor Ophthalmology)
	Dr. Nagla Hassan (Professor Ophthalmology)

Time	Duration	Topic	Speaker
11:30 – 13:00	7 min	Refractive surgery in diabetic patients	Dr. Mohamed Salah (Professor Ophthalmology)
	4 min	JamJoom talk	
	7 min	Significant associations between obesity and eye complications	Dr. Maged Adly (Professor Ophthalmology)
	4 min	Orchidia talk	
	7 min	Pseudotumor Cerebri: The Hidden Ocular Consequence of Obesity	Dr. Marwi Hamouda (Professor Ophthalmology)
	7 min	Obesity and retinal Complications	Dr. Hazem Elnashar (Professor Ophthalmology)
	4 min	Eye care talk	
	7 min	Navigating the complexities of obesity and oculoplasty	Dr. Amr Elshafey (Professor Ophthalmology)
	4 min	Nerhadou talk	
	7 min	Eyes are windows to the soul	Dr. Nader Momtaz (Professor Ophthalmology)
	7 min	Obesity and dry eye	Dr. Enas Ismail Mourad (Professor Ophthalmology)
	4 min	Queen Pharm talk	

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	Adolescent Bariatric Surgery		
Hall (A, B, C, D)	B	Session #	8B

Moderator	Dr. Tamer Megahid
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Chairpersons (Alphabetically)	Dr. Ayman Albaghdady (Ain Shams University)
	Dr. Bassant Meligy (Cairo University)
	Dr. Gamal Eltagy (College of Medicine Armed Forces)
	Dr. Hany Wessa (Elagoza Police Hospital)
	Dr. Mona Abdelmotalieb (National Institute of Diabetes and Endocrinology)
	Dr. Raghda Ali (Ahmed Maher Teaching Hospital)

Time	Topic	Speaker
13:00 – 14:30	Childhood and Adolescent Obesity: Can Pharmacotherapy be the answer?	Dr. Rasha Tarif (Ain Shams University)
	Update on Bariatric Bipartition Operations	Dr. Mohey Elbanna (Dean Faculty of Medicine, MTI)
	Adolescent Bariatric surgery: The truth, options and results	Dr. George A. Nashed (Cairo University)
	Sleeve Gastrectomy: Intra-Operative Tips and Tricks	Dr. Adham Elsaied (Mansoura University)
	Sleeve gastrectomy in adolescents: Is it the only option?	Dr. Mohamed Elsawaf (Tanta University)
	Nutrition Management of adolescence before and after bariatric surgery	Md. Gihan Fouad (National Nutrition Institute)
	Adolescents and Pediatrics vs. Adults Surgery: Hazards and Precautions	Md. Hany Elembaby (Ahmed Maher Teaching Hospital)
	Center of Excellence: A Comprehensive Approach to Obesity Care and Overcoming Obstacles in Weight Loss Programs	Md. Tamer Megahed (Ahmed Maher Teaching Hospital)

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	ENT Video Presentations		
Hall (A, B, C, D)	B	Session #	9B

Moderator	Dr. Nader El Fiky
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Chairpersons (Alphabetically)	Dr. Ahmed Mostafa (President of Health Insurance Organization)
	Dr. Atef Mabrouk ()
	Dr. Ihab Sefein ()
	Dr. Samir Halim ()
	Dr. Essam Fathy ()

Time	Topic	Speaker
14:30 – 16:00	Recent advances in management of obstructive sleep apnea	Dr. Wael Ali ()
	Voice Quality with Morbid Obesity	Dr. Nihal Hisham ()
	Otorhinolaryngological diseases associated with obesity	Dr. Ezzat rezk (Shebin El Kom Teaching Hospital)
	Special considerations in morbid obese patients undergoing tracheostomy	Dr. Ahmed Foad ()
	A rare cause of snoring: maxillary mucocele with a case presentation	Dr. Anwar Elbatawy ()

GOTHI - Obesity Conference 2025

Day: 14 Jan 2025

Session Title	Nurses II		
Hall (A, B, C, D)	B	Session #	10B

Moderator	Ms. Iman Abdelsamee
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Chairpersons (Alphabetically)	Prof.Dr. Hanaa Mohamed Abdrabo (6 October university)
	Assistant.Prof.Dr. Heba Abdelazem Mostafa (Al-Azhar University)
	Prof.Dr. Hemat Abdelazem Mostafa (Ain Shams University)
	Prof.Dr. Kawther Mahmoud (President of the Nursing Syndicate and Member of the Senate)
	Prof.Dr. Manal Salah Hassan (Ain Shams University)
	Prof.Dr. Salma Elsayed Hassan (Ain Shams University)

Time	Topic	Speaker
16:00 – 17:30	Assessing the relationship between obesity and vitamin D deficiency through a nursing lens	Ms. Nada Salah Yassien (Al-Ahrar Teaching Hospital)
	The Heavy Burden: Unveiling the Obesity-Cancer Connection	Assistant Prof. Dr. Zeinab Mohamed Ahmed Prof. Dr. Samia Farouk Mahmoud (Al-Riyada University)
	Obesity: Personal health, public burden and paths to prevention	Assistant Prof. Dr. Fatima Mohamed Dr. Amira Khalil Ibrahim (Faculty of Nursing, Ain Shams University)
	Correlation between obesity and cancer	Dr. Sherine Awat Zaki (Al-Matariya Teaching Hospital)
	Bariatric Surgery: Modern Techniques in Obesity Surgery	Ms. Faida Kamel (GOTHI)
	The role of parents in preventing obesity in children	Assistant Prof. Dr. Hoda Ragab Mohamed Dr. Rahma Elsayed Abdel Aziz (Faculty of Nursing, Ain Shams University)

GOTHI – Obesity Conference 2025

Day : 1 Monday 13 January 2025

Session Title	Management Of DM In Obese Patient		
Hall (A, B, C, D)	C	Session#	1C

Moderator	Prof. Ahmed Alsabaawy
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Chairpersons (Alphabetically)	Prof. Atef Bassyouni
	Prof Heba Ramadan
	Prof. Hesham Alhafnawy
	Prof Ihab Nabil
	Prof. Olfat Fawzy

Time	Topic	Speaker
	Challenges in management of diabetic foot in obese patients	Prof Ihab Nabil
	Diabetes and obesity in children and adolescents	Prof Hesham El Hefnawy
	Anti Diabetic medications and body weight	Prof Eman Mahmoud
	Diabetes as a part of metabolic syndrome	Prof Amr Mahfouz
	Diabetes remission between facts and myths	Dr Eman Rashed

GOTHI – Obesity Conference 2025

Day : 1 Monday 13 January 2025

Session Title	Obesity and sleep disorders		
Hall (A, B, C, D)	C	Session#	2C

Moderator	Prof. Ahmed Mostafa
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Chairpersons (Alphabetically)	Prof. Abdelmonaem Elmogy
	Prof. Ahmed Foad
	Prof. Amr Galal
	Prof. Gamal Elgendy
	Prof. Sameh Nazmy

Time	Topic	Speaker
	Obesity and otolaryngology understanding the impact on Airway, hearing and surgical outcome	Dr. Mohamed El dahshan
	Subjective and objective indicators for OSA; a road map toward proper diagnosis	Dr. Mohamed Gaballah
	Sequelae of untreated OSA	Dr. Ihab Sefein
	Obesity and otolaryngology	Dr. Gamal Elgendy
	Obstructive sleep Apnea in children	Dr. samir Halim

GOTHI – Obesity Conference 2025

Day : 1 Monday 13 January 2025

Session Title	Obesity: A complex challenge, A pharmacists solution		
Hall (A, B, C, D)	C	Session #	3C

Moderator	Nermin El-Shinawi
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Chairpersons (Alphabetical)	Dr/ Heba Anees
	Dr / Hend Ashour
	Dr/ Hanan El Sammani
	Dr / Marwa Abd El-Rahman
	Dr / Mona Schaalán

Time	Topic	Speaker
	Drug induced weight gain.	Hanaa Salah Ebrahim (GOTHI)
	Revolutionizing obesity treatment . (The role of GLP 1 agonist)	Omneya Essam Elden Abdel Hamed (Mataryia teaching hospital)
	Nutrition and obesity filling the gap	Eman Mohamed Elnokeety (National Diabetes & Endocrinology Institute
	Short bowel syndrome	Jessey eshak amin (El sahel teaching hospital)

GOTHI – Obesity Conference 2025

Day : 1 13 January 2025

Session Title	Metabolic Surgery		
Hall (A, B, C, D)	C	Session #	4C

Moderator	Dr. Mostafa El Kady
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Chairpersons (Alphabetical)	Dr.Mahmoud Shakr

Time	Topic	Speaker
	Roux-EN-y-Gastric bypass versus single anastomosis as a metabolic procedure in Bariatric surgery	Dr.Essam Abdel Galil
	Fatty liver in morbid obese patient	Dr.Hisham El Wakeel
	Diabetic Control Post Metabolic Surgery is it weight loss only????	Dr. Amira Yones Mohamed
	Surgical Aspect	Dr. Ahmed Mohamed Mohamed Shinkar
	Impact of bariatric surgery on cancer risk reduction	Dr. Mohamed Abdelwahed
	Airway Management in Morbidly Obese Patients	Dr. Mohammad Gouda

GOTHI – Obesity Conference 2025

Day : 1 Monday 13 January 2025

Session Title	The Perfect Role Of The Nurse In Obese Patient		
Hall (A, B, C, D)	C	Session #	5C

Moderator	Eman Abd Elsameh
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Chairpersons (Alphabetical)	Prof.Dr .Neven Mohmed Abd Rab Elnaby
	Prof.Dr .Rabab Mahmoud Hassan
	Prof.Dr .Orban Ragab
	Prof.Dr .Nahed Said Mohamed
	Ass.Prof.Dr .Fatma Abdelaleem Ibrahim
	Ass.Prof.Dr .Samah Mohamed Elsayed

Time	Topic	Speaker
	Correlation between diabetes and obesity	Mr. Salem Mohamed Salem
	Nursing body mechanics with fat patient	Ms.Marim Makram
	Nursing management in patient undergoing gastric sleeve	Ms.Asmaa Elsayed Ibrahim
	Role of obesity in Metabolic Associated Fatty Liver Disease	Ms. Nehad Yasser Eldosky
	obesity and cardiovascular health	Ms. Samah Mohamed Elsayed
	Obesity and hypertension	Ms. Reem Nageb Shaaban

GOTHI – Obesity Conference 2025

Day : 2 Tuesday 14 January 2025

Session Title	Obesity in Gynecology and obstetrics		
Hall (A, B, C, D)	C	Session #	6C

Moderator	Ebtihag shafik
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Chairpersons (Alphabetical)	Prof. Dr.Ahmed Sekotory
	Prof.Dr.Ebtihag Shafik
	Prof. Dr. Hanaa Aburaya
	Prof.Dr.Manal Hamdi
	Prof. Dr. Mohamed Hisham Mokhtar

Time	Topic	Speaker
	Obesity & Gynaecological Cancers: Overview	Prof Ahmed Sekotory M Ahmed
	Up to date in endometrial hyperplasia	Prof.Dr. Fayeza Abdul hakam
	Obesity in obstetrics: an overview	Dr. Diaan Abdelhalim
	Obesity and infertility	Dr. Sayed Muhammad kamel zidan.
	Post operative complications	Dr. Mahmoud Abdelalim
	Obesity is a risk factor of Gynecological Cancer	Dr. Said Abdelhalim Shaban

GOTHI – Obesity Conference 2025

Day : 2 Tuesday 14 January 2025

Session Title	Obesity unmask the endocrine disorders		
Hall (A, B, C, D)	C	Session #	7C

Moderator	Prof Ihab Nabil
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Chairpersons (Alphabetical)	Prof Ashrah Ismaiel
	Prof Atef Bassyouni
	Prof Heba Ramadan
	Prof Hesham Elhafnawy
	Prof Ihab Nabil

Time	Topic	Speaker
	vascular surgeon role among obese patients	Prof. Ihab Nabil
	Endocrinologic causes of obesity in children and adolescents	Prof. Hesham Alhafnawy
	Management of obesity among patients living with diabetes	Prof. Dr. Nebal Abdel Rahman Aboul ella
	Cuhing Syndrome versus simple Obesity	Prof. Amer Mahfouz
	Pediatric simple obesity the silent endocrinal threat	Dr. Randa Darwish
	Endocrinologic causes of obesity in adults	Dr. Ahmed Alsabaawy

GOTHI – Obesity Conference 2025

Day : 2 Tuesday 14 January 2025

Session Title	Obesity and cancer		
Hall (A, B, C, D)	C	Session #	8C

Moderator	Dr/Hany william
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Chairpersons (Alphabetical)	Prof.Dr.Ahmed Abd El , Hafeez
	Prof. Dr. Hussam Al-Zawam
	Prof. Dr. Sahar Khairy
	Prof. Dr. Sameh Hamed Mahdy
	Prof. Dr. Wessam Al -Sharif

Time	Topic	Speaker
	Obesity and Cancer: Untangling a complex web	Dr. Hany William
	Obesity and cancer risk: Emerging biological mechanism and perspectives	Dr.Mohamed Abdelrahman
	Obesity and radiotherapy	Dr. Mohamed Mahmoud
	Immunotherapy and obesity	Dr. Hythem Abdelkader
	Appropriate Systemic Therapy Dosing for Obese Adult Patients With Cancer: ASCO Guideline Update	Dr. Nouran Mohamed

GOTHI – Obesity Conference 2025

Day : 2 Tuesday 14 January 2025

Session Title	Obesity and clinical laboratories: Bridging medical insights and community health		
Hall (A, B, C, D)	C	Session #	9C

Moderator	Professor Dr/Nagham al amir
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Chairpersons (Alphabetical)	professor Dr/Ayat Ibrahim
	ProfessorDr/Eman Kamel
	Professor Dr/Manal
	Professor Dr/Nagham al amir

Time	Topic	Speaker
	Leptin: the obesity hormone	Professor Dr /Eman kamel
	Unraveling the complex interplay between obesity and vitamin D metabolism	Professor Dr/Manal Mohamed Kamal
	Endocrine disorders and obesity.	Professor Dr/Ayat Ibrahim
	Obesity and kidney disease: Unveiling the hidden connections.	Dr/Ghadir Mohamed ELsawy
	Lab journey to obesity management	Dr/Mariam Adel
	Obesity and Blood groups	Dr/Nehad Refaat

GOTHI – Obesity Conference 2025

Day: 2 Tuesday 14 January 2025

Session Title	Obesity & Anesthesia		
Hall (A, B, C, D)	C	Session #	10C

Moderator	Prof. Maisa Mohamed Abd-Elkhalik Mahmoud
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Chairpersons (Alphabetical)	Prof. Dr. Ahmed Mohamed Shaat
	Prof. Dr. Hanan Fakhreldin Rizk Kandil
	Prof. Dr. Maisa Mohamed Abd-Elkhalik
	Prof. Dr. Mohga Rashed
	Prof. Dr. Randa Zaineldin

Time	Topic	Speaker
	Anesthesia with obesity	Prof. Maisa Mohamed Abd-Elkhalik Mahmoud
	Anesthetic Management of pulmonary hypertension in obese patients undergoing cardiac surgery.	Prof. Randah Zaineldin.
	Ultrasonography in Anesthesia and analgesia for the morbidly obese patients: Why & How	Dr. Sara Gaber
	The use of multimodal anaesthetics to reduce opioid doses in obese patients , a review of multicenter trials .	Dr reham salah
	Obesity and chronic pain	Dr. Ahmed fakher mohamed

GOTHI – Obesity Conference 2025

Day : 1 Monday 13 January 2025

Session Title	Obesity and Bones		
Hall (A, B, C, D)	D	Session#	1D

Moderator	Prof.Dr. Gamal Salah
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Chairpersons	prof Dr Osama Hegazy
	prof Dr Gamal Hossny Abd El-Makssod
	prof Dr Emad Saweris
	prof Dr Osama Elmansy

Time	Topic	Speaker
	Impact of obesity on one health	Prof.Dr Gamal Salah
	Effect of obesity on spine biomechanics and its implications on spine disorders and surgeries	prof Dr Fady Michael
	Obesity and osteoarthritis... Pathology burden and impact	prof Dr Tamer Makshet
	Challenges in Joint Replacement.	prof Dr Emad Saweris
	Influence of obesity on the development of osteoarthritis of the hip	prof Dr Ahmed Abd elaziz
	Sports injury in Obese people	prof Dr Abd Elrhman elbeshbishi

GOTHI – Obesity Conference 2025

Day: 1 Monday 13 January 2025

Session Title	Understanding Obesity: A Multifaceted Approach to Prevention and Management		
Hall (A, B, C, D)	D	Session #	2D

Moderator	Prof. Heba Abdelaziz Abdelmonem
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Chairpersons (Alphabetical)	Prof. Aisha Aboul Fotouh
	Prof. Heba Abdelaziz
	Prof. Maha El Rabbat
	Prof. Manal Reda
	Prof. Wagida Anwar

Time	Topic	Speaker
	Emerging Trends in Obesity: Global Perspectives and Egypt Challenges	Prof. Heba Abdelaziz
	Role of Legislation and Regulation in Preventing Obesity and NCDs	Prof. Wagida Anwar
	AI-Driven Weight Loss Coaching: Empowering Clients for Sustainable Transformation	Prof. Ghada wassif
	Understanding and Controlling Nutritional and Environmental Determinants of Childhood Obesity in Egypt	Prof. Amal Mahmoud
	The Economics of Gut Health: Investing in Wellness from the Inside Out	Dr. Nirvana Ismail
	Obesity, Work, And Occupational Health & Safety Its Time for Change	Dr. Mohammed Rashed

GOTHI – Obesity Conference 2025

Day 1: 13 January 2025

Session Title	Obesity journey in CV medicine; from decision making to intervention and outcomes		
Hall (A, B, C, D)	D	Session #	3D

Moderator	
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Chairpersons (Alphabetical)	Prof. Dr. Emad Sarawy
	Prof. Dr. Sherif Abd Ellhady
	Prof. Dr. Mortagy Negm

Time	Topic	Speaker
	Obesity and PCI.	Mahmoud Radwan
	Obesity and imaging in cardiology	Mary Rabie
	Obesity and open-heart surgical outcomes.	Yousry Thakib
	Obesity and heart failure.	Ossama Louis
	Sinus tachycardia in obese and non- obese patients, how to manage?	Azaa Ketta

GOTHI – Obesity Conference 2025

Day: 1 Monday 13 January 2025

Session Title	The journey of intensive care unit management of patients with obesity		
Hall (A, B, C, D)	D	Session #	4D

Moderator	Dr. Ahmed Ibrahim Dr. Eman Ibrahim El-Desoki Mahmoud (Plan B)		
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Chairpersons (Alphabetical)	Prof. Dr. Gamal Abbas		
	Dr. Hythem Barakat. PhD, MSc, MBBCh		
	Dr. Mai abd el moneim		
	Prof. Dr. Monira Taha Ismail		
	Prof. Dr. Osama Fekry		
	Prof. Dr. Randa Ibrahim Taha		

Time	Topic	Speaker
	Assessment of critically ill obese in ED	Prof. Dr. Sally Wassfi Hammad
	Management of respiratory failure in critically ill obese patients	Dr. Ahmed M. Elaraby
	Drug used in critically ill obese patients: Clinical pharmacist perspective	Dr. Zeinab Azzam
	Nutrition in critically ill obese patients	Prof. Dr. Dr. Nermin Nabil
	The story of obese child in the Intensive Care Unit.	Prof. Dr. Doha Emam
	Postoperative issues in critically ill obese & obesity paradox	Eman Ibrahim El-Desoki Mahmoud

GOTHI – Obesity Conference 2025

Day: 1 Monday 13 January 2025

Session Title	Obesity from the point of view of rheumatology		
Hall (A, B, C, D)	D	Session #	5D

Moderator	Prof. Lamis Safwat
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Chairpersons (Alphabetical)	Prof.Ahmed EL- Atreipy
	Prof.Aliaa omar Elhady
	Prof.Fatma El -shebasy
	Prof.Lamis Safwat
	Prof.Shery kamel

Time	Topic	Speaker
	Obesity as risk factor and severity of rheumatic diseases	Prof. Sherry kamel
	Coincidence between obesity and degenerative diseases	Prof Souad Elmolla
	Relationship between BMI and fibromyalgia	Prof. Lamis Safwat
	Obesity with juvenile rheumatic diseases	Prof Sheeren Badawy

GOTHI - Obesity Conference 2025

Day2: 14 Jan 2025

Session Title	Eating Your Way to Trouble: Nutritional Risks and Obesity		
Hall (A, B, C, D)	D	Session #	٦D

Moderator	Prof. Sahar Khairy
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Chairpersons (Alphabetically)	Prof. Zeinab Bakry
	Prof. Fardous Soliman
	Prof. Eman Sultan
	Dr. Enas M. Fawzy
	Dr. Sherein Rashad

Time	Topic	Speaker
	Obesity in Key Life Phases: Infancy and Perimenopause – What Makes the Difference?	Prof. Dina Shehab
	Micronutrients and Obesity " Chicken and egg dilemma	Prof. Osama Fikry
	The role of genetics & epigenetics in obesity	Prof. Eman ElSayed Habib
	Decoding the Obesity Epidemic "Sugar, Processed and Ultra-Processed Food under the Microscope"	Dr. Marwa Mahmoud Bekheet Ahmed
	Sleep↔ Obesity.. How are they related?	Dr. Eman Eltawansy

GOTHI – Obesity Conference 2025

Day : 2 Tuesday 14 January 2025

Session Title	Breathing disorders and obesity		
Hall (A, B, C, D)	D	Session #	7D

Moderator	Mohie aldeen Abd alzaher Khalifa
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Chairpersons (Alphabetical)	Prof. Dr. Ali Saad
	Prof. Dr. Elsayed abdelshafi
	Prof. Dr. Faten Ghazy
	Prof. Dr. Mohie aldeen abd alzaher Khalifa
	Prof. Dr. Moheb Wadie Elfaizy
	Prof. Dr. Naser Hafez

Time	Topic	Speaker
	Ventilatory function in relation to different classes of obesity	Mohie aldeen Abd alzaher Khalifa
	Obesity and asthma	Magdi sobhy
	Obesity and pulmonary thromboembolism	Terese Sobhy Ghatas
	Obesity hypoventilation syndrome	Mohamed Gaber EL-Shiekh
	Challenge of management of pneumonia in obese patients	Manal Shaker Elhussini

GOTHI – Obesity Conference 2025

Day: 2 Tuesday (14 January 2025)

Session Title	Obesity and Dentistry ... A Growing Problem		
Hall (A, B, C, D)	D	Session #	8D

Moderator	Dr. Mennah Ahmed Helal
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Chairpersons (Alphabetical)	Dr. Doaa Adel
	Dr. Randa Darwish
	Dr. Samira Darwish
	Dr. Walid Hassan

Time	Topic	Speaker
20 minutes	The Association between Obesity and Dental caries	Dr. Rahma Ali Saber
20 minutes	The ambiguous relation between Obesity and periodontal health	Dr. Cherry Gamil Adib
20 minutes	Is the effect of obesity on gum health just an illusion or a reality?	Dr. Reham Farag Abd el-khalek Kelany
20 minutes	The Future of Dentistry at GOTHI	Dr. Mennah Ahmed Helal

GOTHI – Obesity Conference 2025

Day : 2 Tuesday 14 January 2025

Session Title	Role of plastic surgery in management of Obesity		
Hall (A, B, C, D)	D	Session #	9D

Moderator	Prof.Dr. Mohamed. Soliman
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Chairpersons (Alphabetical)	Prof.Dr Mohamed. Soliman
	Prof.Dr Mahmoud Abdulrahman
	Prof.Dr Maurice Fikri
	Prof.Dr Ibrahim Awad
	Prof.Dr Ahmed Zakaria

Time	Topic	Speaker
	Body Contouring post massive weight Loss	Dr Maurice fekry
	Role of apronectomy in obese patients	Dr Ibrahim Awad
	Body contouring surgeries in obese patients	Dr Ahmed Eldanaf
	Role of plastic surgery in abesity	Dr Ismaiel Shehata
	indications of liposuction in obese patients	Dr Mohamed Donia
	Combined mons lift with abdominoplasty in obese patien	Dr Ahmed liela

GOTHI – Obesity Conference 2025

Day 2 : 14 January 2025

Session Title	Obesity and Colorectal Cancer: Integrated Approaches from Oncology, Onco-Surgery, and Gastroenterology		
Hall (A, B, C, D)	D	Session #	10D

Moderator	Prof. Mohamed Abdelwahed
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Chairpersons (Alphabetical)	Prof. Ahmed Abd Elaziz
	Prof. Gamal Amira
	Prof. Hesham El Ghazaly
	Prof. Khaled Abdelaziz
	Prof. Mohamed Abdelwahed
	Prof. Mostafa El Kady
	Prof. Osama Abdeen

Time	Topic	Speaker
	The presidential initiative prospects in colorectal cancer early detection and management	Prof. Khaled Abdelaziz
	Nutrition and Colorectal Cancer: Exploring the Impact of Diet on Risk and Outcomes	Prof. Fatma Sayed
	Challenges in surgical management for obese colorectal cancer patients	Prof. Ahmed Abd Elaziz
	Enhanced Recovery After Surgery (ERAS) in Obese Patients Undergoing Colorectal Cancer Resections	Prof. Mohamed Abdelwahed
	Managing Liver Metastases in Colorectal Cancer: Challenges and Strategies in Obese Patients	Prof. Mohamed Elmahdy
	Advanced Endoscopic Techniques for Obesity-Related Colorectal Pathologies	Prof. Ahmed Heiba