



### Nutri SMC 2025 Conference

<b>Workshop 1 (Optimizing Athletic Potential: A Holistic Approach to Ergonomics, Macronutrients, and Race-Day Fueling) (9:00-10:30) Am</b>			
<b>Objectives</b>	<ul style="list-style-type: none"> <li>-To enhance athletic performance, recovery, and injury prevention.</li> <li>-Design personalized caloric/protein intake plans for athletes based on training phases and competition demands.</li> <li>-Optimize weight adjustment protocols for athletes to balance muscle gain, fat loss, and competition readiness.</li> </ul>	د. ماجد أسامة د. شهاب كمال عبدالعزيز د. أحمد رمضان د. عبدالرحمن سعيد	9:00-9:30
			9:30-10:00
			10:00-10:30
<b>Workshop 2 (Fueling Success: Practical Advanced Carb Counting &amp; for Type I Diabetic Athletes) (10:30 – 12:00) Pm</b>			
<b>Objectives</b>	<ul style="list-style-type: none"> <li>-Implement competition-specific carb-loading techniques to maximize endurance and energy reserves.</li> <li>-Apply advanced carbohydrate counting tools for precise glycemic control in Type I diabetes management.</li> <li>-Develop safe exercise and nutrition guidelines for athletes with Type I diabetes to prevent hypoglycemia.</li> </ul>	د. ايمان سلطان	10:30-10:45
			10:45-12:00
<b>Session 1 (Continuum of Care: Nutritional Management in Bariatric and Maxillofacial Surgery for Sustained Health) (12:00 – 01:15) Pm</b>			
<b>Moderator</b>	<b>SMC Committee</b>		
<b>Chairpersons</b>	Dr. Ahmed Rizk Dr. AbdElRahman Elzeiny Dr. Hossam Gamil Dr. Lamiaa Fouda	Dr. Ishak Gamil Dr. Noha AboElail Dr. Magdy Khalil	
Lecture 1	<b>From Pre-Op to Long-Term Success: Navigating Nutritional Care in Bariatric Surgery</b>	د. عمرو مطر	12:00-12:30
Lecture 2	<b>Feeding maxillofacial patient A dilemma for surgeons</b>	د. اسلام قاسم	12:30-12:45



Lecture 3	<b>Beyond the Scalpel: Leveraging Nutrition for Superior Patient Outcomes in Maxillofacial Surgery</b>	د. دينا حفني	12:45-01:00
	<b>Panel discussion</b>		01:00 -01:15
<b>Opening (01:15-2:00) Pm</b>			
<b>Break (2:00-2:30) Pm</b>			
<b>Session 2</b>	<b>(Feeding health with intelligence)</b>		<b>(2:30 -3:00) Pm</b>
Lecture 4	<b>AI revolution in healthcare</b>	د. لمياء فوده	2:30 -3:00
<b>Session 3 (Transplant Nutrition Unveiled: From Clinical Practice to Cutting-Edge Debates)</b>			
<b>(3:00 – 4:15) Pm</b>			
<b>Moderator</b>	<b>SMC Committee</b>		
<b>Chairpersons</b>	Dr. Ahmed Mostafa Prof. Enas Mogawer Dr. Olfat AbdelHalim Dr. Marwa Makhlof	Prof. Amr Matter Prof. Sohair Soliman Dr. Hatem Amin	
Lecture 5	<b>Current Practices and Future Directions in Intestinal Transplantation nutritionally</b>	د. ايناس مجاور	3:00-3:15
Lecture 6	<b>Clinical Nutrition in Renal Transplant: Addressing Metabolic Challenges and Enhancing Patient Recovery</b>	د. الفت عبد الحليم	3:15-3:30
Lecture 7	<b>The Cornerstone of Care: Multidisciplinary Nutritional Support in Liver Transplantation</b>	د. ايمن حسبو	3:30-3:45
Lecture 8	<b>BMT Nutrition: Debating the Role of Probiotics, Glutamine, and Immunonutrients in Patient Outcomes</b>	د. انجي السيد	3:45-4:00
	<b>Panel discussion</b>		4:00 – 4:15
<b>Session 4 (Optimizing Pediatric Nutrition: Addressing Challenges in Critical Care, Preterm Infants, and Allergic Conditions)</b>			
<b>(4:15 – 5:30) Pm</b>			
<b>Moderator</b>	<b>SMC Committee</b>		
<b>Chairpersons</b>	Prof. Sana Yousef Dr. Azza Omran Dr. Mohga Samy	Prof. Yasmin Gamal Dr. Heba Anis Dr. Nahla Ashmawy	
Lecture 9	<b>Challenges of breastfeeding in NICU &amp; PICU</b>	د. جيهان فؤاد	4:15 - 4:30



Lecture 10	Hidden Hunger	د. هبة عبد اللطيف	4:30 - 4:45
Lecture 11	Nutritional challenges in preterm	د. ياسمين جمال	4:45 - 5:00
Lecture 12	How to screen & diagnose Cow Milk Allergy	د. مروة الديب	5:00 - 5:15
	Panel discussion		5:15 - 5:30
<b>Session 5 (Precision Nutrition for Metabolic Health: Decoding Obesity, Hormonal Balance, and Specialized Interventions) (5:30 - 6:45) Pm</b>			
<b>Moderator</b>	<b>SMC Committee</b>		
<b>Chairpersons</b>	Dr. Hazem Abo Elabbas Dr. Mai Abo ElNaga Dr. Heba Omar Dr. Mina Safwat	Dr. Nilly Shams Dr. Maha Assal Dr. Wael Ali	
Lecture 13	Obesity and micronutrients: unravel the link	د. دعاء جنية	5:30 - 5:45
Lecture 14	Anabolic steroids all what you need to know	د. مدحت العربي	5:45 - 6:00
Lecture 15	The Interplay of PCOS and Obesity: An Integrated Nutritional Approach to Management	د. عمرو عبد المنعم	6:00 - 6:15
Lecture 16	Empowering Practice: Nutritional Interventions for Thyroid Health and Weight Management	د. نسرين عصام الدين	6:15 - 6:30
	Panel discussion		6:30 - 6:45
<b>Workshop 3</b>	<b>(Mesotherapy)</b>		<b>(6:45 - 7:45) Pm</b>
	Mesotherapy: Integrating Evidence-Based Practice for Aesthetic and Therapeutic Results	د. بيتر صفوت	6:45 - 7:45
<b>Closing (7:45 -8:00) Pm</b>			



صدر اذاره التبريد  
د. ٦١٢  
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