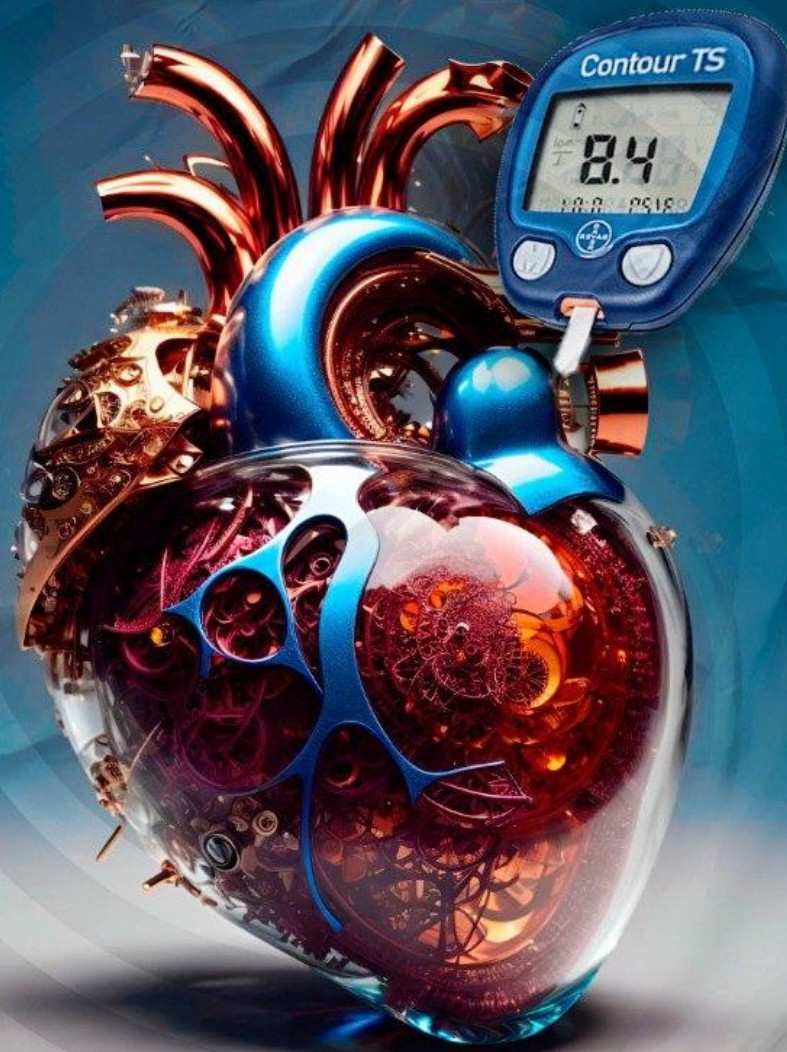


8th

International Annual Conference
Egyptian Cardio-Diabetes Association
(EgCDA)



17-18 September 2025



Administrative Building, Assiut University, Egypt



01068784815



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8th

International Annual Conference
Egyptian Cardio-Diabetes Association (EgCDA)



Cardio-Diabetes; Central to Hepatic, Renal & Nutritional Disorders.

Under Patronage

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17-18 September 2025

Adminstrative Building, Assiut University, Egypt



8th

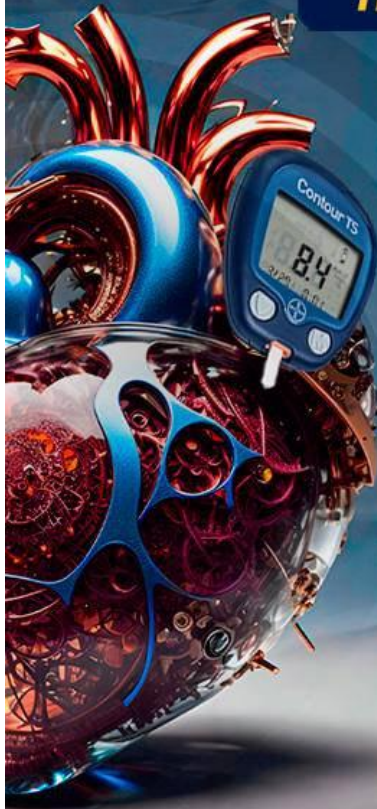
International Annual Conference
Egyptian Cardio-Diabetes Association (EgCDA)



*Cardio-Diabetes; Central to
Hepatic, Renal & Nutritional Disorders.*

Board of

Egyptian Cardio-Diabetes Association (EgCDA)



Prof. Nosehy Yousef

President EgCDA.
Sr. Consultant Physician
Cardio-Diabetes, Assiut

Prof. Manal Ez Eldeen

Vice-President EgCDA.
Prof of Internal Medicine &
Diabetes, Assiut University

Prof. Tarek Areeny

General Secretary of EgCDA
Prof of Preventive Medicine &
Diabetes, Minia University.

Prof. Moemen Moaaz

Senator. Board Member of EgCDA
Head of Cardiology, New Valley



17-18 September 2025



Administrative Building, Assiut University, Egypt



Welcome Message

Dear Colleges,

The Egyptian Cardio-Diabetes Association (EgCDA) has the honor to invite you to *the 8th annual Conference*, that will be held from 17-18 of September, 2025 in the Administrative Building of Assiut University, Assiut, Egypt.

Over the past five years, the ECDA annual conferences gained a great experience in executing Upper Egypt conferences, focusing on comprehensive updates to physicians facing difficulties, emergencies and complications in their lifetime.

Last three years, 2022 - 2024 we was the first conference in Upper Egypt to have booster abstract presentations with many prizes given to the presenters.

The aim of the organizing committee of the 8th annual conference is to present and discuss the latest guidelines in different Cardio-Diabetes fields, the latest landmark trials and the most debated issues in Cardio-Diabetes Medicine.

Moreover, this year highly designed workshops will address higher specialty needs of young medical professions.

We welcome you towards *Cardio-Diabetes 2025*, where we achieve our goals and reach more success together.

Looking forward to seeing you.

Prof. Nosehy Yousef, FACC.

ECDA President

Conference President

Prof. Manal Ez Eldeen, MD.

ECDA Vice-president

Conference President

International Faculty

International Faculty Speakers

 Prof. Mahfouz El-Shahawy (USA) President International Society for Cardiovascular Disease Prevention. Cardiovascular Center of Sarasota, Florida, USA	 Prof. Aravinda Jagadeesha (India) Proprietor & Chief Diabetologist at Dr Aravind's Diabetes Centre, Bangalore, India	 Prof. Ashish Dengra (India) Chief Diabetologist & Director Mahi Center. President Jabalpur Endocrine Society, India	 Prof. Bharat Saboo (India) Consultant Diabetologist at Dr. Bharat Saboo's Frayas Diabetes Center, India	 Prof. Bijay Patni (India) Senior Physician & Cardio-Diabetologist. IOD of Diabetes Wellness Care & R B Diabetes & Metabolic clinic, Kolkata (India)
 Prof. Gamela Nasr (Egypt) Vice-President of Egyptian Society of Cardiology & Health Committee National Council for Women. Prof of Cardiology, Suez Canal University, Egypt	 Prof. Ragaa Matta (Egypt) Prof of Internal Medicine & Endocrinology, Minia University, Egypt	 Dr. Raveendran A V. (Oman) Consultant in Internal Medicine, Badr Al Samaa, Oman	 Prof. Shahjada Selim (Bangladesh) A. Professor in Endocrinology at Bangabandhu Sheikh Mujib Medical University	 Prof. Yasser Elsayed (Egypt) Prof. of Cardiology, Alazhar University, Cairo, Egypt

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Scientific Program

Day 1: Wednesday, 17 September 2025

- Registration: 08:00 – 09:00

All names are in alphabetical order

Session 1: [Nursing Skills for Cardio-Diabetic Care]	
Chairpersons (Prof.)	Aliaa Elhouseny (Police), Hekmat Ebrahim (Assiut), Magda Ahmed (Assiut)
9:00 – 9:15	Post-resuscitation Nursing Care Dr. Azhaar Younes (Assiut)
9:20 – 9:35	Role of Artificial Intelligence for frail elderly Diabetes Prof. Saieda Abdelaziz (Assiut)
9:40 – 9:55	Role of AI in Enhancing Patient Self-Management of BP Prof. Naglaa Amin (Minia)

Session 2: [Clinical Case Senario]	
Chairpersons (Prof.)	Ahmed Obeidallah, Mohamed Hossam, Mohamed Ramadan, Mohamed Mahmoud, Osama Refaat, Shalabia Abo-Zeid
10:00 – 10:20	Dr. Ahmed Atef, (Assiut)
10:25 – 10:45	Dr. Hazem Hasan (Elmabarra, Assiut)
Each topic 20 min + 5 min Discussion	

Opening Ceremony: 11:00 – 12:00	
Chairpersons (Prof.)	Manal Ez Eldeen, Moemen Moaaz, Nosehy Yousef, Tarek Al-Areeny
محاضرة افتتاحية	الأخطاء الطبية التي تقع طائفة الإهمال الطبي معالي المستشار احمد عيسى كدواني – رئيس استئناف بمحكمة استئناف أسيوط

- Coffee Break, Posters, Exhibition & Quizzes: 12:00–12:25

Session 3: [Joined Session with Cardio-Medical Azhar]	
Chairpersons (Prof.)	<i>Alaa Abdel Moneim, Hitham AbdelAzeim, Mahmoud Abozied, Mahmoud Ashry, Mahmoud El-Hawy, Mohamed Mahmoud, Mohamed Abdelghafar, Nosehy Yousef, Soher Kasem</i>
12:00 – 12:15	Cardiovascular risk Assessment and Management in Diabetes Prof. Ahmed El Tayeb (Alazhar, Assiut)
12:20 – 12:35	The Role of SGLT2 inhibitors in Myocardial Infarction Dr. Mahmoud Abozeid (Alazhar, Assiut)
12:40 – 12:55	Hypertensive Emergency Prof. Yasser Elsayed (Alazhar, Cairo)
<i>Each topic 15 min + 5 min Discussion</i>	

Pharma Symposia Session	
Chairpersons (Prof.)	<i>Dina Ali, Lobna Abdel Wahed, Maged Naaem, Mahmoud H. Khedr, Reem Ezat</i>
13:00 – 13:15	<i>Eva Symposium Introducing Tipple Therapy Combination Prof. Manal Ez (Assiut)</i>
13:20 – 13:35	<i>Novo Symposium IDegAsp: Connecting the dots for Optimal Insulin Intensification Prof. Lobna Eltony (Assiut)</i>
<i>Each topic 15 min + 5 min Discussion</i>	

Session 4: [Joined session with Upper Egypt Society of Clinical Nutrition & Metabolism (UESCNM)]	
Chairpersons (Prof.)	<i>Doaa Abdel Rahman , Hussein Al-amin, Nosehy Yousef, Manal Badary, Naglaa Amin, Osama Ibrahim,</i>
13:40 – 13:55	<i>A practical guide to suitable exercises for diabetics Prof. Emad Shaban (Assiut)</i>
14:00 – 14:15	<i>Nutritional Disorders & Diabetes Dr. Aya Abdel-Kader (Assiut)</i>
14:20 – 14:35	<i>Nutritional Tips for Diabetics Dr.Hend Hakam (South Vally)</i>
<i>Each topic 15 min + 5 min Discussion</i>	

Pharma Symposia Session	
Chairpersons (Prof.)	<i>Doaa Abdel Rahman, Hanan Mahmoud, Mona Soliman, Shaymaa Sayed, Ragaa Matta</i>
14:40 – 14:55	<i>Eva Symposium Gliptus 10 Years Egyptian Brand Prof. Salah Argon (Assiut)</i>
15:00 – 15:15	<i>Novo Symposium Triple Therapy Era Prof. Manal Ez (Assiut)</i>
<i>Each topic 15 min + 5 min Discussion</i>	

Session 5: [Diabetes Updates]	
Chairpersons (Prof.)	<i>Amira Abdel Aziz, Hala Elsherif, Manal Ez, Mohamed Faisal, Nosehy Yousef, Tarek Alareeny, Hanaa Riyad, Paula Rofaeil, Rowaida Goada</i>
15:20 - 15:35	<i>Choosing the Right Antihypertensives in Diabetes Prof. Aravinda Jagadeesha (India)</i>
15:40 – 15:55	<i>Artificial intelligence in comprehensive metabolic care Prof. Bharat Saboo (India)</i>
16:00 – 16:15	<i>Advances in Obesity Therapy Prof. Shahjada Selim (Bangladesh)</i>
<i>Each topic 15 min + 5 min Discussion</i>	

Session 6: Memorial Lectures (Face-to-face)	
Chairpersons (Prof.)	<i>Manal Ez, Moemen Moaaz, Nosehy Yousef, Tarek Alareeny</i>
16:20 – 16:50	<i>Update on Cardio-Kidney-Metabolic (CKM) Axis with emphasis on Excess Adipose Tissue (EAT) in Diabetes Prof. Mahfouz El Shahawy (USA)</i>
<i>This topic 30 min + 10 min discussion</i>	

Closing Sessions, Quizzes, Photo & Lunch

Scientific Program

Day 2: Thursday, 18 September 2025

- Registration: 08:00 – 09:00

All names are in alphabetical order

Session 57: [New eras in Cardio-Diabetes Management]	
Chairpersons (Prof.)	Abeer Ali (Minia), Maged Beshay (Fayom), Manal Badari (Assiut), Mona Soliman (Assiut)
9:00 – 9:15	<ul style="list-style-type: none"> • Dr. Samira Fawzy (Assiut) Bariatric Surgery; Myths & Facts
9:20 – 9:35	<ul style="list-style-type: none"> • Dr. Amira Abdel-Whab (Assiut) Physiological Effect of Exercise Training with EMS Suit on Strength & Balance
9:40 – 9:55	<ul style="list-style-type: none"> • Dr. Ramzeya Abdl-Wahab (Alexandria) Cardiac Devices in Heart Failure
(Each topic 15 min + 5 min Discussion)	

Session 8: [Nephrology in Cardio-Diabetes]	
Chairpersons (Prof.)	Wael Abbas, Mohamed H. Mostafa, Mohamed A. Sobh, Osama El-Minshawy, Youseria Abdel Rahman
10:00 - 10:20	Fatty Kidney Disease Prof. Samir Kamal (Assiut)
10:25 - 10:55	Ethics of Kidney Donation Prof. Ashraf Elshazly (Assiut)
Each topic 15 min + 5 min Discussion	

Pharma Symposia Session	
Chairpersons (Prof.)	Ayaat Salah, Doaa Ghanem, Hanan-Sharaf, Mai Mostafa, Maged Naaem, Salwa Salah, Omer Herdan, Taghreed Meshref, Refat Fathy,
11:00 - 11:15	Novo Symposium Oral Semaglutide: the First & Only Oral GLP1-RA Prof. Mohamed Faisal (Assiut).
11:15 – 11:30	Astra Symposium Dapagliflozin the care all T2D patients deserve Prof. Manal Ez ElDeen (Assiut)

Session 9: [Future Look in Diabetes from India] (online)

Chairpersons (Prof.)	<i>Fatema Abu-Bakr , Mahmoud H. Khedr. Noor-Eldeen Abdel-Azeem, Ragaa Matta, Walaa Anwar, Zain Elabdeen</i>
11:35 - 11:55	<i>Metabolic Dysfunction-Associated Steatotic Liver Disease Prof. Ashish Dengra (India)</i>
12:00 - 12:15	<i>Female sexual dysfunction in diabetes Prof. Raveendran Av (India)</i>
12:20 - 12:35	<i>Artificial sweeteners in women with diabetes Prof. Bijay Patni (India)</i>
<i>Each topic 15 min + 5 min Discussion</i>	

- Coffee Break, Posters, Exhibition & Quizzes: 12:40–13:00

Session 10: [Joined Session with Cardio-Assiut Department]

Chairpersons (Prof.)	<i>Alaa Abdel-Moneim, Alaa Omer, Aly Tohamy, Hossam Abdelwahab, Mohamed Karim, Mohamed Mahmoud</i>
13:00 - 13:15	<i>Atrial Fibrillation Management Update Prof. Salah Atta (Assiut)</i>
13:20 - 13:35	<i>Ischemia with Non-Obstructive Coronary Arteries (INOCA) Prof. Tarek Kafafy (Assiut)</i>
13:40 – 13:55	<i>Blood Pressure Variability & Cardiovascular Outcomes Prof. Ayman Khairy (Assiut)</i>
14:00 - 14:15	<i>Hematological Malignancies & Cardio-Vascular Disorders: The inter-relationships Prof. Safaa A.A. Khaled (Assiut)</i>
<i>Each topic 15 min + 5 min Discussion</i>	

Session 11: [Session with Year in Cardiology]

Chairpersons (Prof.)	<i>Doaa Ghanem, Mohamed Ayaad, Maged Beshi, Essam Abdel Mohsen, Mohamed H. Mohamed, Noha Abbas, Salma Mokhter,</i>
14:20 - 14:35	<i>Combination of lipid-lowering therapy as first-line strategy Prof. Nosehy Yousef (Assiut)</i>
14:40 – 14:55	<i>Preventive cardiology 2025 update Prof. Gamila Nasr (Suez Canal)</i>
15:00 - 15:15	<i>Why Cardiologist should Care about Hematologic diseases Prof. Howida Nafadi (Assiut)</i>
15:20 – 15:35	<i>Dyslipidemia & Endocrine Disorders Prof. Ragaa Matta (Minia)</i>
<i>Each topic 15 min + 5 min Discussion</i>	

Session 12: Memorial Lectures (online)

Chairpersons (Prof.)	Manal Ez, Moemen Moaaz, Nosehy Yousef, Tarek Alareeny
15:40 – 16:20	Diabetes Remission Outcome Protocol (DROP) Prof. Osama Hamdy (USA)
Each topic 30 min + 10 min Discussion	

Closing Sessions, Quizzes, Photo, Certificates & Lunch

□ (EgCDA) مؤتمر الجمعية المصرية للقلب والسكري

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See You Soon at

16-17 September 2026